

LUNCH

THURSDAY, SEPTEMBER 10, 2026

JACKED UP CHICKEN



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
453	945mg	26g	17g	4g	70mg	0g

MEATLOAF



made with GF ingredients

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
250	350mg	23g	15g	6g	60mg	1g

BBQ GLAZED MEATLESS MEATLOAF



CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
200	566mg	21g	2g	25g	6mg	6g

coconut milk & oil

RASTA PASTA



made with GF ingredients

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
375	485mg	7g	18g	46g	0mg	3g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen

DINNER

THURSDAY, SEPTEMBER 10, 2026

tortilla

BEEF FAJITA



GF corn tortilla available

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
320	550mg	25g	15g	21g	41mg	2g

tortilla

CHICKEN FAJITA



GF corn tortilla available

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
210	840mg	20g	5g	21g	45mg	2g

tortilla

VEGGIE FAJITA



GF corn tortilla available

CALORIES	SODIUM	PROTEIN	FAT	CARBS	CHOLESTEROL	FIBER
105	450mg	7g	4g	10g	0mg	4g



contains wheat



contains egg



contains milk



vegetarian



vegan



contains pork



contains fish



contains shellfish



contains nuts



ask about allergen